

Day 1:

- Banana pancakes: 1 ripe banana (\$0.20), 1/2 cup of flour (\$0.10), 1/2 cup of milk (\$0.25), 1 egg (\$0.20) = \$0.75
 - Yogurt with sliced strawberries: 1 cup of yogurt (\$1.00), 1/2 cup of sliced strawberries (\$0.75) = \$1.75
 - Orange juice: 1 cup (\$0.40) = \$0.40
- Total cost for Day 1: \$2.90



Day 2:

- Peanut butter and jelly toast: 2 slices of bread (\$0.40), 2 tablespoons of peanut butter (\$0.30), 1 tablespoon of jelly (\$0.10) = \$0.80
 - Apple and peanut butter 1 apple (\$0.50), 2 tablespoons of peanut butter (\$0.30) = \$0.90
 - Milk: 1 cup of milk (\$0.50)
- Total cost for Day 2: \$2.20



Day 3:

- Scrambled eggs with cheese: 2 eggs (\$0.40), 1/4 cup of shredded cheese (\$0.50) = \$0.90
 - Whole wheat toast with butter: 2 slices of bread (\$0.40), 1 tablespoon of butter (\$0.10) = \$0.50
 - Apple slices: 1 apple (\$0.50)
 - Orange juice: 1 cup (\$0.40) = \$0.40
- Total cost for Day 3: \$2.30



Day 4:

- Yogurt parfait with granola and berries: 1 cup of yogurt (\$1.00), 1/4 cup of granola (\$0.50), 1/4 cup of mixed berries (\$0.75) = \$2.25
 - Hard-boiled eggs (2): 2 eggs (\$0.40)
 - Milk: 1 cup of milk (\$0.50)
- Total cost for Day 4: \$3.15



Day 5:

- Mini bagel with cream cheese: 1 mini bagel (\$0.30), 1 tablespoon of cream cheese (\$0.20) = \$0.50
 - Fruit Cup: 1/2 cup of watermelon (\$0.50), 1/2 cup of grapes (\$0.50), 1/2 cup of pineapple (\$0.50) = \$1.50
 - Milk: 1 cup of milk (\$0.50)
- Total cost for Day 5: \$2.50

